



Teacher: _____

Anaphylaxis or Allergic Reaction Emergency Health Care Plan

NAME: _____ GRADE: _____ D.O.B. _____ SCHOOL YR: _____

PARENT/GUARDIAN NAME: _____ Phone-Home _____
Work: _____ Phone- Cell: _____

ALLERGIES: _____

MEDICATIONS: _____

Additional Medical Diagnosis: _____

EMERGENCY HOSPITAL: _____ PHONE: _____

Health Care Provider: _____ Facility: _____ Phone: _____

PLAN: Health and Safety are the first priorities.

Signs/Symptoms: (Check all that may apply)

- | | | |
|-------------------------------------------|-----------------------------------------------------------|--------------------------------------------------------------------------|
| <input type="checkbox"/> Coughing | <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Rash or hives |
| <input type="checkbox"/> Sweating | <input type="checkbox"/> Flushing of skin | <input type="checkbox"/> Swelling of eyes, lips, tongue, throat, or neck |
| <input type="checkbox"/> Nausea | <input type="checkbox"/> Dusky skin color | <input type="checkbox"/> Seizures |
| <input type="checkbox"/> Abdominal cramps | <input type="checkbox"/> Blue-gray color to lips/nails | <input type="checkbox"/> Loss of consciousness |
| <input type="checkbox"/> Sneezing | <input type="checkbox"/> Difficulty breathing/talking | <input type="checkbox"/> Other (Explain) _____ |
| <input type="checkbox"/> General itching | <input type="checkbox"/> Tightness of throat and/or chest | _____ |
| <input type="checkbox"/> Vomiting | | _____ |

Does he/she recognize these signs/symptoms? _____ Yes _____ No

ACTION:

- Adult to escort _____ to the health office (if able), or call health office for help.
- Trained staff will assist with medications as prescribed/authorized by physician and provided by parent.
- Encourage slow deep breaths. Keep comfortable, quiet place, sitting position.
- If Epi-Pen is used 911 will be called by a staff member.
- Page RN, or **if breathing difficulty call 911!** Follow health office emergency guidelines.
- Monitor Pulse and Blood Pressure
- If _____ shows or complains of any of these **symptoms on the bus, call 911** and follow bus emergency guidelines.
- Family member or emergency contact will be notified.

_____ Carries an Epi-Pen with them
(Documentation required by Doctor)

_____ Medication/s in Health Office

EMERGENCY PROCEDURE FOR AN ALLERGIC REACTION

STUDENT NAME: _____ D.O. B: _____

NAME OF DOCTOR/CLINIC: _____ PHONE: _____

Please complete and return to the health office as soon as possible. This information will be helpful in determining appropriate care for your child.

1. What is your child allergic to? (Bee stings, nuts, latex, meds, foods, etc.) _____

2. How long has your child has your child had this/these allergies? _____
3. Please rate the severity of their allergy. **Not severe - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10 - severe**
4. How soon after contact does your child react? _____ minutes, _____ hours, _____ days
5. What measures are taken at home when your child has a reaction? _____

6. What are the early-warning signs (physical and/or emotional changes) that indicate your child is starting to have an allergic reaction? _____

7. What medications are given when your child has been exposed?
Medication _____ Medication _____
Medication _____ Medication _____
8. Does your child know how to self-administer Epinephrine using the Epi-Pen? ___ Yes ___ No
9. Will your child need to carry emergency medications on the bus? ___ Yes ___ No
10. Has your child ever been hospitalized for an allergic reaction? ___ Yes ___ No
11. Has your child been hospitalized or treated in the emergency room in the last year for an allergic reaction?
 ___ Yes ___ No
12. Does your child know how to avoid causes of allergic reactions? ___ Yes ___ No
13. Is there any other information that you feel school should know regarding your child's health? _____

I have read and agree that the above procedure should be followed in the event that my child has a reaction at school, or a school activity. I understand that I am responsible for ensuring that emergency medications are available for my child, this includes when my child is at school, going to and from school, and while on field trips. I understand that I must provide a completed Authorization for Medication Form for any necessary medications before they can be given.

PARENT/GUARDIAN SIGNATURE: _____ **DATE:** _____

Medication/Physician Orders (Health Office/File)

The following received copies and/or are trained to initiate plan:

Parent/Guardian ___ Health Office ___ Para/Aide ___ Bus Garage ___ Teacher(s) ___ Coach ___ Other ___

**** Plan must be reviewed and signed **annually******

Renewal Date: _____